

YOU ARE HERE
RIO



Rio
hosted the
Games in
2016.

**FOURTH STOP
RIO DE
JANEIRO**



Which **country** is Rio in?



RIO ACTIVITY 1 **MIXED-UP SPORTS**

Practise footvolley.

A new sport was created on the beach in Rio. It is called footvolley and is a mix of football and volleyball. You can use any part of your body to touch the ball – except your hands.

- 1.** On your own, practise keepy-ups with a balloon. Can you keep the balloon off the ground without using your hands?
- 2.** Practise with a friend. Can you pass the balloon to each other without using your hands?

- 3.** As a group, can you pass the balloon around the circle without it touching the floor?
- 4.** How many times can you pass it before it drops? Can you score more next time?

Adults: Watch it at:
[youtu.be/
UQrcys6Hbyk](https://youtu.be/UQrcys6Hbyk)



You have travelled **7,661 km**
from Atlanta to Rio.

RIO ACTIVITY 2

AMAZING ADJECTIVES

Win each adjective by landing a ball on the word.

Rio holds a carnival every year. It includes music, costumes and dancing. It needs lots of adjectives – describing words – to describe it.

ADJECTIVES

The carnival is:

- Sparkling
- Fantastic
- Exciting
- Enormous
- Colourful
- Joyful

1. Ask an adult to write the adjectives on separate pieces of paper.
2. Spread the papers across the table or floor.
3. Try to throw a rolled-up sock, paper ball or bean bag onto each paper.

RIO ACTIVITY 3

SAVE THE TREES

Plant trees quicker than they can be knocked down.

A third of the world's tropical rainforests are in Brazil but many trees are being cut down. But we can plant more!

1. Set up some skittles and pretend they are trees, e.g. cardboard tubes, plastic bottles.
2. Ask an adult to set a time limit for each go, e.g. 2 minutes.
3. One player rolls a ball and tries to knock down the skittles.
4. Another player sets up the skittles again.
5. Stop the clock. Are some skittles still standing or have they all been knocked down?

Rio's carnival is the biggest in the world!



Adults:
Find out about tropical rainforests at: bbc.co.uk/bitesize/topics/zx882hv/articles/zxdsvcw

