

**YOU ARE HERE
DAKAR**

**WHERE NEXT
DAKAR**

Which **country** is **Dakar** in?

Which **continent** is it on?

DAKAR ACTIVITY

AFRICAN SPORTS

Learn about and try a sport from an African country.

Wrestling is the number one sport in Senegal. It is seen not just as a sport but a part of African life, tradition and culture. Which other sports reflect African life?

See if you can try a sport from an African country. To get started: Choose an African country. Discover a sport they play in that country. Try it yourself!

Wrestling is an Olympic sport. Men and women compete separately.

No African country has hosted an Olympic and Paralympic Games yet. However, the Youth Olympics will be held in Senegal in 2026. Senegal is in west Africa.

