

# GOOD FRIEND/BAD FRIEND

## ACTIVITY GUIDE

Help pupils explore positive and negative friendship scenarios with this active task.

### EQUIPMENT

Smiley and sad face images

### HOW TO PLAY

1. Gather the group in the centre of the space. Place a smiley face and sad face on opposite walls.
2. Using the examples from the Good friend/Bad friend list below, read out the scenarios to the group. (If time permits, pairs of pupils could select a scenario to act out before the group).
3. The group must decide individually whether this is an example of good friendship or bad friendship. They then move to the corner with the correct face. Smiley face for good friend, sad face for bad friend. They must return to the centre of the room after each scenario.
4. After each scenario, ask questions to the group to ensure they understand the importance of that situation and friendship.
  - Was that an example of good friendship or bad?
  - Why was it good/bad friendship?
  - How would the individuals in that scenario feel?

### GOOD FRIEND/BAD FRIEND SCENARIOS

1. A friend asks you to play a game with them in break time.
2. You let your friend copy your homework.
3. Your friend laughs at you when you fall over in the playground. You have really hurt your knee.
4. At football training, your friend allows you to have a sip of their water because you haven't brought any. This is the third time in a row you have forgotten.
5. Your friend swears at another classmate. They then blame you.
6. Someone shouts a nasty word at your friend, so you shout back at them.
7. Your friend asks you if you are ok when you are sad.
8. Your friend encourages you to pretend to be ill, so you miss a team practice with them.
9. You hide your friend's coat/school bag when they are not looking.
10. Your friend listens to you when you're speaking.



## ADAPTATIONS

- For a smaller/crowded space: ask pupils to choose by making a specific movement, e.g. good – stretch to the sky; bad – touch the floor.