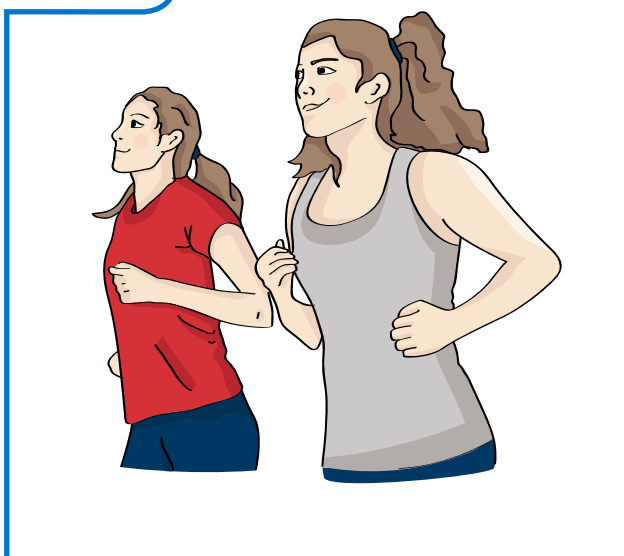


INSPIRATION ROLE PLAY CARDS



spirit of
sport



Lucy's sister Faye has run six 5km runs in the last year. Faye asks Lucy if she would like to run one together. Lucy is nervous because she has never run so far. Faye starts joining Lucy on some short runs round the park.

INSPIRATION

spirit of
sport

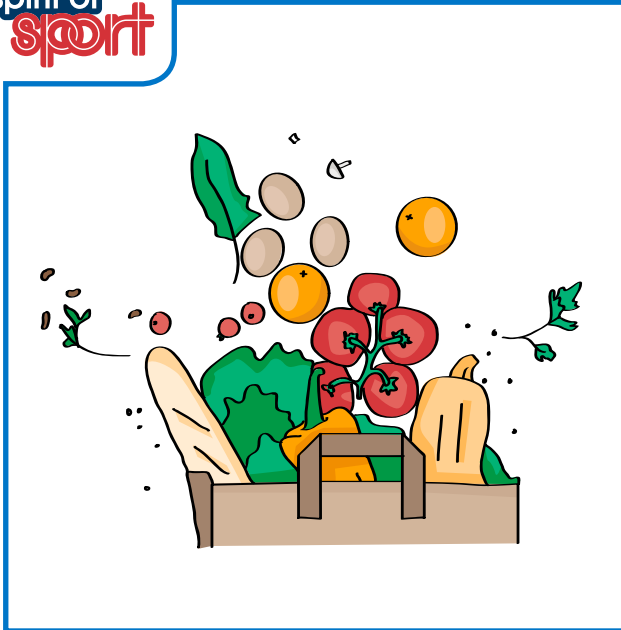


Jayden and his team are losing, by a long way, in a netball match. Jayden feels downhearted and is tempted to give up. He looks at his team mates who are still trying their best and encouraging each other. He lifts his spirits and keeps trying his best, just as his team mates are.

INSPIRATION

INSPIRATION ROLE PLAY CARDS

spirit of
sport



Nayan and his Mum are out shopping for new school shoes. Nayan's Mum runs off suddenly to help an elderly lady who has dropped all her shopping over the pavement. Nayan watches for a few seconds before deciding to run over and help pick up the shopping.

INSPIRATION

spirit of
sport



Alex has been invited to her friend's house for dinner. She walks in to find her friend baking some bread. Alex loves the idea of making her own food so asks her Mum to start teaching her to cook.

INSPIRATION

INSPIRATION ROLE PLAY CARDS

spirit of
sport



Imani and Amber are skipping in the playground. They are trying to beat their record from yesterday. Imani beats her skipping total on the first attempt, but Amber is struggling. Imani keeps playing with her, trying to beat her new record, and encouraging Amber for the whole of play time.

INSPIRATION

spirit of
sport



Tom and his wheelchair basketball team are at their weekly training session. Their session has finished, but Tom and two of his friends have decided to stay behind to practise their shooting. They are joined by the local men's basketball club who are also there to train. The local team ask whether Tom and his friends would like to join in on their shooting training.

INSPIRATION