

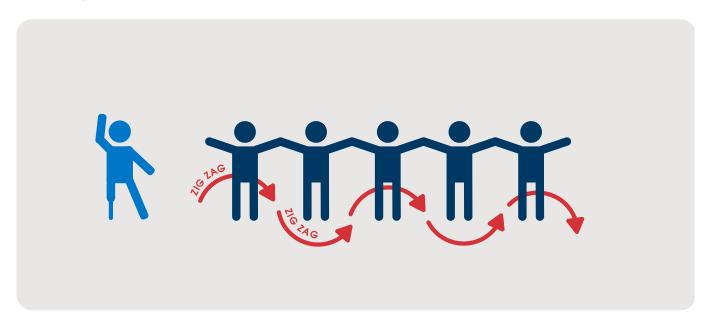
# WHO WILL BE MY TEAMMATE?

# **ACTIVITY GUIDE**

Get pupils moving with this quick and active starter.

#### **EQUIPMENT**

None required



#### HOW TO PLAY

- 1. Ask the group to stand in a circle holding hands with the people on either side on them. Get them to hold their hands up in the air to form an arch.
- 2. Select one pupil from the group to weave in and out of the arches, whilst the others chant.

Zig-Zag, Zig-Zag, Zoom Zig-Zag, Zig-Zag, Zoom Who will be your teammate? Who will be your teammate? Zig-Zag, Zig-Zag, Zoom.

(Alternatively, use any music and stop at random to select when the weaver stops.) 3. Once the chant is finished, the weaver then stops and taps the person they are closest to on the shoulder/arm, saying:

#### Will you be my teammate please?

- 4. That person then joins the weaver, forming a line. Together they continue to weave around the circle.
- 5. Continue the game until all players have joined the weaver and formed one long line. To make it easier, pupils do not need to form arches and can just stand/sit a distance apart. To add challenge, ask players forming the archways to raise and lower their arms as they chant, so the weavers must duck down or up as they weave.











## **EXTENSION**

To add a competitive element to the game, create two circles and ask the groups to race each other. The winner is the first to create a long line of partners.

## **ADAPTATIONS**

• For a very small/crowded space: replace the activity with a bean bag passing game. Pupil A starts with a red bean bag. Pupils pass/throw it randomly from person to person and when the music stops, the pupil holding it joins the red team. Repeat with pupil B and a blue bean bag. Play, alternating the blue and red bean bags, until all pupils are sorted into teams. (Both bean bags could be circulating at the same time to create greater challenge.)





