

BEIJING ACTIVITY 2

MARCH TO VICTORY

Practise marching in time.

In the past, Chinese emperors were very powerful. Huge and well-trained armies helped them to keep this power. Their armies included foot soldiers who could march long distances.

- 1. Clap or beat a drum to a count of 4: 1 and 2 and 3 and 4.
- 2. Start by marching on the spot. Use your arms and your legs. Can you keep in time?

- 3. Practise marching while moving forwards for 4 counts and backwards for 4 counts.
- **4.** Now try marching with your friends. Can you keep in time together?



BEIJING ACTIVITY 3 TREASURE TRAIL

Take part in a treasure trail to find Fu Hao's treasures.

Fu Hao was the only woman to lead a Chinese army. She was powerful and rich. When she died, she was buried with lots of treasures. The treasures included:

- Jewellery
- Weapons
- Statues
- Beakers
- Mirrors
- Cowry shells (used as money)
- Write the names of the treasures on separate pieces of paper.
- Write a simple clue to go with each treasure, e.g. 'Enter here' means the front door.

- Hide the treasures to match the clues you have written.
- 4. Take part in the treasure trail. Follow the clue to find the first piece of treasure. With that treasure you will also find the clue to the next piece of treasure.
- 5. Can you make a new treasure trail for your friends?

Adults: Find out more about the Shang Dynasty at: bbc.co.uk/bitesize/topics/z39j2hv

