





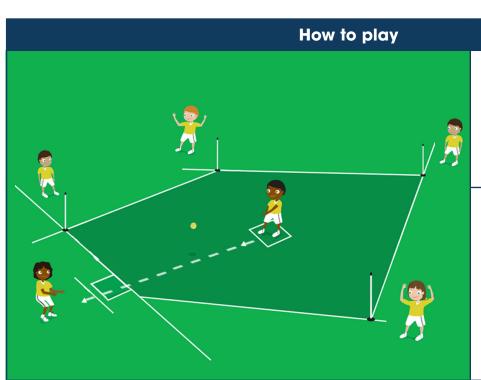






Round and Round





Number of players

6

Equipment

1 ball, 4 posts and bases, stopwatch

Variations

- Use harder/soffer/bigger/ smaller balls
- Reduce the number of posts if you don't have 6 players
- Move the posts further away or closer together to make the game harder or easier

- 1. Set the posts and bases out for a normal rounders pitch
- 2. Place 4 members of the team on each post and then one person as bowler (with the ball) and one person as backstop
- 3. Bowler throws the ball to backstop and follows their throw to the backstop position
- 4. The backstop receives the ball, throws to 1st post and follows their run
- 5. The player at 1st post receives the ball, throws to 2nd post and follows their run
- **6.** The player at **2nd post** receives the ball, throws to 3rd post and follows their run
- 7. The player at 3rd post receives the ball, throws to 4th post and follows their run
- 8. The player at 4th post receives the ball, then runs to the bowling square to start the circuit again
- **9.** The circuit is repeated until the ball has travelled around the pitch twice. The team that completes in the quickest time wins

Focus question

Set them a challenge of getting round the course without dropping the ball. When they achieve this, ask them what helped to do this?

This challenge is brought to you by Rounders England









